

Dr Sarah Cassidy, PhD

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PERSONAL DETAILS

Date of Birth: 17th December 1974

Address: Fosterfields, Athboy, Co. Meath, Ireland

Marital Status: Married

Nationality: Irish

EDUCATION

BSc Psychology, cum laude (honours), Loyola University Chicago, Chicago, IL, USA

Awarded January 1998

- Awarded Presidential Scholarship for academic excellence for all 4 years

PhD Science Degree in Psychology, Maynooth University, National University of Ireland,

Maynooth

Awarded September 2009

- Thesis supervised by Dr. Bryan Roche; *Relational Frame Theory and Human Intelligence; A Conceptual and Empirical Analysis*, conferred in September 2009

Acceptance and Commitment Therapy (ACT) Supervision Group, Maynooth University,

National University of Ireland, Maynooth

2004 - 2008

- Supervised and facilitated by Dr. Yvonne Barnes-Holmes, Department of Psychology, National University of Ireland, Maynooth
- The group provided weekly training and peer supervision to members involved in providing Acceptance and Commitment Therapy
- Training involved exploring different models of psychotherapy, role-playing techniques employed in various therapeutic models, analysing transcripts from therapy sessions with clients, providing feedback to the therapists involved, attending conferences, lectures, and experiential workshops, nationally and internationally. This also involved exposure to psychometric measures and therapeutic protocols

Professional Certificate in Cognitive Behavioural Therapy, International Institute of Cognitive Therapy, Belfast

Awarded December 2009

- This 4-month training programme provided persons working in mental health settings with CBT skills and competence in the principles of assessment (using a variety of psychometric tests used in therapeutic settings) and case formulation, as well as the appropriate use of Cognitive and Behavioural interventions

Advanced Certificate in ACT and MBI, ACT-Now Ireland, Dublin

Awarded October 2015

- This 9-month course was developed for professionals who wish to develop fluency and flexibility in understanding and applying Acceptance and Commitment Therapy and Mindfulness-Based Interventions in therapeutic work

Peer-Reviewed ACT Trainer Status, Association for Contextual Behavioural Science

Awarded July 2020

- This status recognises those that have elected to go through a peer evaluation process such that they may be deemed eligible to train others in the principles and applications of ACT and RFT interventions

WORK EXPERIENCE & PROFESSIONAL TRAINING

Library Supervisor/Research Assistant **Loyola University, Graduate School of Education**
1993-1997

- Duties: Supervised up to 8 employees at a time, assisted graduate students, lecturers and staff how to use using a variety of different online and cd-rom based databases, reference materials, psychological testing materials, audiovisual equipment as well as performing general circulation and library duties. This role also involved the maintenance of the psychological testing library for the School of Educational Psychology. This role also involved being available to answer questions on contents of/and appropriateness of various psychological testing kits for different populations with instruction from course lecturers in Educational and Counselling Psychology

Summer Counsellor **Cove Special School**
1995-1996

- Duties: Assisted students with diagnosed learning and behavioural difficulties disorders during class time and during extracurricular activities. Also attended team IEP meetings and provided feedback to teachers and parents regarding student's progress on regular basis

Research Assistant/Intern **Loyola University, Psychology Department**
1996-1997

- Role:
- Duties: Worked on creating and administering experimental protocols under the supervision of Dr. Eaaron Hendersen-King. Analysed and interpreted data for various different social psychological research projects. Assisted with write-ups of research papers

Clinical Supervision/Trainee **Kerry Education Services**
Educational Psychologist
2001-2002

- Duties: Worked under supervision of Fionola Hogan (Senior clinical psychologist HSE, and National Educational Psychological Services Psychologist) in order to obtain experience evaluating results of psychometric tests administered in primary and secondary school settings and to gain experience writing reports to the Irish Department of Education standards

Educational Psychologist **Kerry Education Services**
2001-2005

- Duties: Administered cognitive and behavioural psychological assessments to secondary school students, writing reports and making recommendations for best supporting the individual educational and emotional/behavioural, mental health needs of each child at home and at school

Founder and Director/Educational,
Child and Adolescent Psychologist
2002-Present

**Smithsfield Clinic; Centre for Learning and
Behaviour**

- Duties: Administering privately commissioned psycho-educational, cognitive and behavioural assessments, assessments for neurodevelopmental differences (e.g., autism, ADHD), intellectual disability, specific learning difficulties at schools and homes throughout the country for children, adolescents and adults. Writing reports on the basis of psychometric assessments administered, clinical interviews and observations and making recommendations for how to best support each child's educational, emotional, behavioural neurodevelopmental, and larger mental health needs in the home and school environment. This also can include devising behaviour support strategies to modify challenging behaviours in school and home settings and formal parent training interventions. Supervising between 10-15 other psychologists. Behaviour analysts, therapists and several assistant psychologists and ancillary staff. Delivering trainings to parents, students, teachers on various child development issues such as; Bullying, transitions to next levels of schooling, special educational supports, supporting mental health in mainstream and special settings, etc. Providing individual and group psychotherapy to children, adolescents and adults including programmes various skills teaching programmes to increase social skills, self-awareness, self-esteem, emotional regulation and to increase ability to cope with anxiety in both clinical and typical populations
- Smithsfield Clinic is an approved placement for Final year psychology students at Maynooth University to acquire real world psychology exposure in educational, counselling and clinical psychology. This role involves providing guidance for final year students on how to link theory and practice and how to ensure that best practices are always used whilst adhering to guidelines set out by academic settings, as well as in clinical settings. This role ensures that psychology students access observation opportunities as well as introductory level supervision and practice around issues related to assessment, consultation and therapy provision (2018 – present)
- Smithsfield Clinic is an approved placement for final year psychology students interested in educational psychology at Dublin City University (2020 – present)

Educational Psychologist
2004-present

**National Educational Psychological Services
SCPA Panel**

- Duties: Same as for Kerry Education Services above

Teaching Assistant to the Department
of Psychology
2004-2008

National University of Ireland, Maynooth

- Duties: This involved acting as a tutor for first year undergraduate psychology students, teaching tutorial groups in psychology, facilitating discussions and various presentations for students in social psychology, developmental psychology, cognitive psychology and biological psychological, organising examination preparations for the above areas and for first year psychological statistics. Also responsible for marking all 1st year psychology essays for same group of students

Practical Consultant to the Department of Psychology
2004-2008 **National University of Ireland, Maynooth**

- This involved being available for individual consultation to 1st year psychology students who were members of the Practical and Conceptual Issues in Psychology (ps103) Course. This also involved being present and assisting with practical demonstrations and experiments in the Experimental Psychology Lab, providing guidance to students during the practical demonstrations and in writing practical reports to APA standards. This also involved marking the practical papers for students of PS103 upon completion of experiments

Occasional Lecturer to the Department of Education
2006-2008 **National University of Ireland, Maynooth**

- Duties: This involved lecturing the psychology modules of the Youth and Community Work Diploma and delivering lectures on a substitute basis in the Education Department
- April 2008; Chair of undergraduate and postgraduate symposia at the Psychological Society of Ireland's Student Congress, NUIM

ABA Tutor
2007-2008 **Rapid Learn, ABA School, National University of Ireland, Maynooth**

- Duties: This work involved the implementation of applied behavioural programs with children and teenagers with a range of learning and behavioural difficulties including Autism, ADHD, dyslexia, dyspraxia, general learning difficulties, etc.

Private Supervised Work/Clinical Experience
2008 **Slievemore Clinic**

- Duties: Worked under direct supervision of Dr. Clare Brady (Senior Clinical Psychologist HSE), in order to obtain on-going experience/supervision evaluating results of psychometric tests for use in clinical child and adolescent mental health settings

Educational Psychologist
2009-2011 **Assessments Ireland**

- Duties: Employed to administer cognitive psycho-educational assessments to children and adults presenting with learning difficulties and to provide feedback on results and on how best to support each client's individual needs

Lecturer And Course Moderator
2011-2022 **Froebel Department of Primary and Early Childhood Education, Maynooth University**

- Duties: Lecture in Educational Psychology and Child Psychology/Child Development. Employed to teach undergraduate and postgraduates students obtaining B.Ed degree, HDip PMed in Primary Education, and B.A. degree in Early Childhood Education. Also responsible for setting and marking all exams and assignments for these student groups. Also responsible for moderating the correction of the Masters Level Theses for the Professional Masters in Primary Education

Lecturer **Education Department, Maynooth University**
2017-2022

- Duties: Lecturing in Educational Psychology, Child and Adolescent Psychology, Counseling Psychology for the Postgraduate Diploma in Guidance Counseling. Correcting theses for award of PGDip in Guidance Counseling. Sitting on academic committee to determine progress at key points throughout the degree. Sitting on interview panels for next cohorts coming into MU

Lecturer/Trainer **ACT Now Ireland**
2017-Present

- Duties: Training psychologists, clinicians, allied health professionals in how to deliver ACT and RFT interventions to children and adolescents. Supervising individual and group therapy sessions and assisting with development of individual and group therapy plans to trainees

Invited Lecturer And Postgraduate
Dissertation Co-Supervisor **Chicago School of Professional Psychology**
2019-2020

- This role involved delivering on-line lectures and providing research support and guidance for postgraduate students involved in designing and implementing behavioural interventions for cognitive deficits alongside of Professor Ruth Anne Rehfeldt

Collaborator **University of Nebraska Medical Centre**
2021

- Collaborated with University of Nebraska Medical Centre's Team under Clinical Psychologist Dr. Alison DeLizza, alongside of Professor Louise McHugh, UCD School of Psychology and Smithsfield Clinic in a multi-centre evaluation of the feasibility and efficacy of an online ACT intervention for teens. Co-supervised PhD candidates in designing, refining and carrying out the intervention

Honorary Lecturer **Department of Psychology at The University of Cardiff, Wales**
2021-Present

- This role involves on-line co-supervision of PhD students involved in research on designing executive functioning interventions to populations with brain based differences, acquired or congenital

Journal Article Reviewer **Psychological Record Editorial Office**
2021-Present

Journal Article Reviewer **Journal of Contextual Behavioural Sciences**
2021-Present

Membership Committee
Chairperson **Association for Contextual Behavioural Science**
2020/2021/2022

Reviewer

ACBS World Conference Program Committee

2021/2022/2023

- Served as a reviewer of submitted abstracts for workshops, research papers, and symposiums to the Association for Contextual Behavioural Science Annual Conference to determine their appropriateness for inclusion in the online conference in July 2021, and in the San Francisco conference program, July 2022

Council Member

Psychological Society of Ireland

2023

CONTINUING PROFESSIONAL DEVELOPMENT/WORKSHOPS AND CONFERENCES ATTENDED

2004 - 2008

NUIM Psychology Department

- Attended five annual 2-day intensive experiential workshops at NUIM to receive therapy skills training at beginner, intermediate and advanced levels in ACT therapy, with Dr. Yvonne Barnes-Holmes

May 2006

Association for Behavior Analysis, Atlanta Georgia, USA

- Attended full day workshop to receive training in the Smart and Sensitive Parenting Program (SSPP): Teaching Parents How to Effectively Deal with Their Children's Behavioural Difficulties, with Dr. Amos Rolider

November 2006

Acceptance and Commitment Therapy Autumn Institute, Bournemouth, UK

- Attended 2-day Intensive Experiential Workshop for professionals working with acceptance-based strategies for behavioural change with varying populations

2007 & 2008

The Institute of Cognitive and Behavioural Therapy, Ireland

- Attended two of the Annual Conferences in Dublin

May 2007

Association for Behavior Analysis, San Diego, California

- Attended full day workshop to receive training in "Functional Analyses in School Settings" for persons with severe problem behaviours. Southern Behaviour Group, Dr. Michael Mueller
- Attended half-day workshop to receive training, "Caregivers as Therapists: How to Train Caregivers to Conduct Functional Behavioral Assessment and to Develop Treatment". Kennedy- Krieger Institute, Dr. Julia O'Connor

June 2007

NUIM Psychology Department

- Acceptance and Commitment Therapy Workshop for Post-Graduates and professionals working with developmentally disabled children. Intensive 2-day workshop with Dr. JT Blackledge from University of Woolongong, South Australia

February 2008

St. John of Gods Hospitaller Service, Dublin

- Attended 2-day training course in administration and interpretation of The Structured Interview for Prodromal Syndromes (SIPS) with Dr. Barbara Walsh, Yale University
- The Association for Child and Adolescent Mental Health, Day Conference, Dublin
- Co-hosted by the Lucena Clinic. ‘Attachment Theory in a Clinical Setting’

May 2008

Association for Behavior Analysis, Chicago, Illinois

- Attended full day workshop to receive training in assessing and treating difficult behaviours associated with Aspergers, entitled ‘Asperger’s Syndrome: Behavioral Characteristics and Treatment in School Settings’. Behavior Management Consultants, Dr. C. Baker Wright
- Attended half-day workshop to receive training in selecting appropriate ACT interventions for clients with behavioural problems, entitled ‘Case Conceptualisation in Acceptance and Commitment Therapy’. Trinity Services, Dr. Daniel Moran and Dr. Patricia Bach

June 2008

The Association for Child and Adolescent Mental Health, Day Conference, Dublin

- ‘Psychological Aspects of Physical Illness’

September 2008

- The Association for Child and Adolescent Mental Health ACAMH Ireland Branch Research Meeting, Dublin

February 2009

St. John of Gods Hospitaller Service, Dublin

- ADHD Masterclass, full day workshop learning the latest in diagnostic practice & working with ADHD populations with Professor Eric Taylor, Institute of Psychiatry, London at the Lucena Clinic, Rathgar, Dublin

March 2009

The Association for Child and Adolescent Mental Health

- Emanuel Miller lecture and Day conference. ‘Psychological therapies: Linking process to Outcome’ London, UK

April 2009

Psychological Society of Ireland, Child and Adolescent Special Interest Group

- Eating Behaviours in Childhood and Adolescence, half day conference at University College Dublin

May 2009

Eating Disorder Resource Centre of Ireland

- Transdiagnostic Cognitive Behaviour Therapy for Eating Disorders, two day workshop to train therapists to use an amended form of CBT therapy for ED clients, Trainer: Professor Chris Fairburn, Department of Psychiatry, Oxford University

July 2009

Mater Child and Adolescent Mental Health Service in conjunction with Parents Plus

- Working Things Out (WTO): A two-day training workshop using the WTO therapeutic resource for adolescents dealing with depression and other mental health problems. Training facilitated by Eileen Brosnan, Professor Carol Fitzgerald, and Dr. John Sharry, Mater Hospital, Dublin

September 2009, 2010, 2013

- The Association for Child and Adolescent Mental Health ACAMH Ireland Branch Research Meeting, Dublin

October 2013

The Association for Child and Adolescent Mental Health

- PTSD Masterclass at St. Pat's Hospital, Training in assessment and intervention for children, adolescents and families experiencing PTSD. Training led by Professor Bill Yule, Consultant Clinical Psychologist, Institute of Psychiatry, King's College London

November 2013

ABAI Education, Chicago, IL, USA

- Innovations in Educational Technologies Conference in Chicago, presented research on SMART training by www.RaiseYourIQ.com

April 2014

Psychological Society of Ireland, Division of Behaviour Analysis

- The Eighth Annual Conference of the Division of Behaviour Analysis

November 2014

Association for Contextual Behavioural Science

- Attended 2-day advanced ACT training skills workshop with Dr. Steven Hayes
- Attended half day workshop with Dr. Lisa Coyne on using ACT and RFT with young people in clinical settings
- Attended 3 days of conference presentations

March 2016

Eirim National Assessment Agency Ireland, Dublin Ireland

- Attended 2-day training on administration and interpretation of the Bayley Scales of Infant and Toddler Development with Ms. Betty Rufus, Senior Occupational Therapist NHS UK

June 2016

ACT-Now Ireland, University College Dublin, Ireland

- Attended 2-day advanced Focused ACT training skills workshop with Dr. Kirk Strosahl, President of Mountainview Consulting Group

February 2017

ACT-Now Ireland, Psychological Society of Ireland

- Attended 2-day advanced workshop for using ACT with young people with Dr. Lisa Coyne, Director of MacLean Child and Adolescent OCD Institute, Harvard Medical School

May 2017

Act-Now Ireland, Psychological Society of Ireland

- Attended 2-day advanced course in Compassion Focused Therapy with Dr. Russell Kolts, Psychology Professor, Eastern Washington University, USA

November 2017

ACT-Now Ireland, Psychological Society of Ireland

- Attended 2-day intensive training in using the DNA-V model of therapy with adolescents with Dr. Louise Hayes, Clinical Psychologist, ACT trainer, Award winning Book author

May 2018

Eirim National Assessment Agency Ireland, Dublin Ireland

- Attended 2-day Weschler Intelligence Scale for Children (WISC V): Getting Started Training course with Dr. Kate James and Mr. Trevor James

June 2018

The Association for Child and Adolescent Mental Health

- Sleep and Mental Health, Day Conference, Dublin

July 2018

ACBS World Conference 16, Montréal, Canada

- Attended 2-day pre-conference workshop for Couples Therapy in the 21st Century with Dr. Sue Johnson

September 2018

- Attended 2-day ADOS-2 Training for the Clinical Setting

- Trinity Centre for Health Sciences, St. James' Hospital, Dublin 8 with Professor Louise Gallagher, Chair in Child and Adolescent Psychiatry

October 2018

St Patrick's University Hospital, James's St N, Dublin

- Attended ACAMH Gender Identity Conference with Dr. Aileen Murtagh, Child and Adolescent Psychiatrist

October 2018

ACT Now, Psychological Society of Ireland, Dublin

- Attended 2-day Fierce Compassion: Mastering Compassion-Focused ACT workshop with Dr Dennis Tirch & Dr Laura Silberstein

July 2019

University of Mississippi, Oxford, Mississippi

- Attended 2-day LaMiss ACBS Conference with Legacy Track

September-October 2019

- Completed 8-week training course; “Stuff That’s Loud; Integrating ERP and ACT for Youth with Anxiety and OCD” with Dr. Lisa Coyne (Harvard Medical School OCDI Junior, McLean Hospital, Boston, Massachusetts) and Dr. Ben Sedley, Clinical Psychologist, via Praxis

November 2019

- Attended Psychological Society of Ireland Workshop; “OCD is an unnecessary illness; the practicalities of making this so” with Professor Paul Salkovskis
- Attended PSI Annual Conference 2019, Kilkenny

March-May 2020

- Completed 8-week training course “ACT with Parents” with Dr. Lisa Coyne and Dr. Evelyn Gould (Harvard Medical School OCDI Junior McLean Hospital, Boston, Massachusetts) via Praxis

August 2020

- Attended Trauma Skills Summit 10-day online training offered by Sounds True.
- This training involved 10 days of presentations from international leaders in the provision of trauma-centred care

September 2020

ACT Now Purposeful Living, Dublin

- Attended 3-day workshop by Dr. Mary Welford, UK, expert on Compassion-Focused Therapy

Association for Child and Adolescent Mental Health

- ADHD Masterclass (online event)
- Two-day advanced training for clinicians working with ADHD with Professor Samuele Cortese and Professor Edmund Sonuga-Barke

October 2020

- Attended Advanced Master’s Program on the treatment of trauma.
- A 5-module online training program given by Bessel Van Der Kolk, Pat Ogden, and Peter Levine

February 2021

- Superhero Therapy training
- Attended a 3-session, 12-CPD hour, online certification course in Superhero Therapy by Dr. Janina Scarlet
- ABAI Webinar - ‘Using Counselling on Access to Lethal Means (CALM) with Suicidal Adolescents’ by Dr. Kurt Michael

May 2021

- Women in ACBS Special Interest Group Webinar
- Attended a signal session webinar called ‘The Client’s Journey: Understanding Women’s

Experience with Trauma' with Katelyn Kendrick, Dr. Dawn Johnson, Dr. Lisa Thoman, Dr. Sari Harenwal, Dr. Mary Hill, Dr. Robyn Walser & Dr. Janina Scarlet

- ACAMH live talk - 'Therapeutic Assessment for Adolescents with Self-Harm' with Dr Dennis Ougrin
- ADHD Masterclass - 'The evolving concept, existing challenges, and interventions' by Professor Edmund Songua-Barke and Professor Samuele Cortese
- Attended an online webinar entitled 'Polyvagal Theory and ACT Webinar: a Discussion with Dr. Steven Hayes and Dr. Stephen Porges' via Praxis

June 2021

- ACAMH Webinar
- Attended an online webinar entitled 'The Cognitive Profile Associated with Autism' delivered by Tony Attwood

July 2021

- ACAMH Webinar
- Attended a webinar entitled 'Developing the Friendship Abilities of Autistic Children in Primary School' delivered by Tony Attwood

August 2021

- Advances ADOS-2 training
- Attended an 8-hour online workshop on the Autism Diagnostic Observational Schedule delivered by Dr. Norm Geller

January – February 2022

- 'Targeted ACT for Emotion Regulation, OCD, Anxiety, & Perfectionism'
- Completed a 15-hour masterclass with Dr. Patricia Zurita Ona over 5 separate 3-hour classes from 20th January to 17th February 2022

April 2022

- Attended a one-hour session with the Society of Clinical Child & Adolescent Psychology - 'Supporting Effective Treatment with Evidence-Based Supervision'
- A live recording of a 2-hour webinar outlining the utility in using ACT and RFT to promote a healthy sense of self - 'Developing Psychologically Flexible Children and Adolescents with Darin Cairns'

April 2022

- ACAMH Emanuel Miller International Conference 2022
- 'Changing Perspectives on Neurodevelopmental Disorders'
- 5 hours of CPD learning with Professor Simon Baron-Cohen, Professor Sue Fletcher-Watson, Professor Edmund Songua-Barke, Professor Anita Thapar, Professor Jan Buitelaar, and Marcus Wilton

September 2022

- Attended workshop entitled 'Working with Suicidal Young People; Re-Thinking Risk' delivered by Clinical Psychologist Justin Doran at Smithsfield Clinic

- Attended workshop entitled ‘Autism and Girls; Profiling Abilities’ delivered online by Professor Tony Atwood

October 2022

- Attended training entitled ‘Neurodiversity-Affirming Autism Assessment Across the Lifespan: A Strengths-Based Approach’ delivered online by the University of Washington Autism Center

November 2022

- Attended the annual Psychological Society of Ireland conference in the Midlands Park Hotel, Portlaoise
- Attended three days of conference presentations

January 2023

- Attended workshop entitled ‘Rule-Following and Rule-Breaking (when it works!): Using the RFT Account of Rule-Governance to Shape Context-Sensitive Behaviour’ delivered online by Dr Alison Stapleton through Connections Behavior Planning and Intervention

PROFESSIONAL INVITED WORKSHOPS/TRAININGS DELIVERED

October 2013

- National Association of Principals and Deputy Principals Annual Conference
- Delivered 2-hour workshop on how to use SMART training in the classroom to 100 Principals and Deputy Principals in Irish School system in Galway, Ireland

September 2014

Confey College Teaching Staff, Leixlip, Co. Kildare

- Delivered 2-hour workshop on how to use SMART training in the classroom Muine Bheag Teaching Staff, Bagnelstown, Co. Carlow
- Delivered 2-hour workshop on how to use SMART training in the classroom

September 2015

St. Peter’s College, Dunboyne, Co. Meath

- Delivered 2-hour workshop on how to use SMART training in the classroom

January 2016

Louth Meath Education and Training Board, Navan, Co. Meath

- Delivered 1-hour workshop training Dyslexia Tutors how to use SMART training with early school leavers and adults returning to education.

March 2016

Health Service Executive, Occupational Therapy Department, Springfield Centre, St. Loman’s Campus, Mullingar, Co. Westmeath

- Delivered a 2-hour workshop to Occupational Therapists, Speech and Language Therapists, Psychologists and other specialist multidisciplinary staff on how SMART training can

increase the skills of their service users

October 2016

St. Oliver Plunkett's National School, Navan, Co. Meath

- Delivered a 2-hour invited presentation for staff training on using behavioural techniques to support challenging behaviours in the classroom

March 2017

Rathmore National School, Athboy, Co. Meath

- Delivered 8 weeks of Coping with Anxiety Using ACT and Mindfulness in the junior classrooms with 5-7 year old children and their teachers

2016, 2017, 2018, 2019, 2020, 2021, 2022

- 6-week courses on Acceptance and Commitment Therapy training for parents of anxious children at the Smithsfield Clinic, Athboy, Co. Meath
- The course involves the delivery of workshops to parents of children currently attending Smithsfield Clinic, who are undergoing treatment for anxiety
- Parents have the opportunity to learn from members of a multidisciplinary team; including clinicians working in Smithsfield Clinic and members of local Child and Adolescent Mental Health teams

2016, 2017, 2018

St. Oliver Plunkett's National School, Navan, Co. Meath.

- Delivery of 12-week ACT therapy programmes to children in the Emotional/Behavioural Difficulty Unit.
- This encompassed direct delivery of therapy in individual and group setting, supervision of different psychologists and other related professionals involved with delivering individual and group therapy, and teacher training on behaviour support.

January 2018

St. Colmcille's Primary School, Kells, Co. Meath

- Delivered 3-hour invited presentation on "Using ACT Therapy In Everyday Lives To Better Support Our Children" to parents and teachers of anxious children
- Delivered 8-week workshops to children and their teachers in the classroom setting, entitled 'Coping with Anxiety Using ACT and Mindfulness'

April 2018

- Delivered 6 weeks of self-esteem building workshops using ACT and mindfulness with 5- and 6-year-old children in primary school settings to Rathmore National School, Athboy, Co. Meath
- 'Applications of RFT and ACT with Children and Young People in Learning and Therapeutic Settings' at the Psychological Society of Ireland HQ.
- Full day advanced training workshop for professional clinicians. ACT- Now PL

July 2018

- ‘How RFT Can Make You Smarter’ –Invited address for the ACBS World Conference 16, Montréal, Québec, Canada, introduced by Dr. Lisa Coyne

September 2018

ACT Now PL, Psychological Society of Ireland HQ, Dublin, Ireland

- Self & RFT Follow up with Dr. Louise McHugh
- Full Day training for clinicians using ACT and RFT based interventions for children and adolescents

June 2019

- ‘Transforming Language & Transforming Children’s Lives: How exploring the cutting edge of RFT can supercharge therapeutic and educational interventions for children and adolescents’
- Sarah Cassidy, Ph.D., Bryan Roche, Ph.D., Evelyn Gould, Ph.D., BCBA-D, LABA, Giovambattista Presti, M.D., Ph.D.
- 2-day Pre-Conference Workshop, ACBS World Conference 17, 25-30 June 2019, Dublin, Ireland

February 2020

ACT Now PL, Psychological Society of Ireland HQ, Dublin, Ireland

- ACT-Now Open Day
- Two-day introduction to ACT with co-presenters, Ms. Aisling-Leonard Curtin, Dr. Trish Leonard-Curtin and Dr. Louise McHugh

June 2020

ACT Now PL, Psychological Society of Ireland HQ, Dublin, Ireland (online)

- ACT-Now 2-day intensive Training for professionals on using ACT and RFT based interventions for clinical populations of children and adolescents
- Delivered 5-week invited and specially designed course on ACT for Childcare Professionals online to the Federation of Early Childcare Providers, Ireland
- ‘How to establish effective tools for management of anxiety in young children, their families and their childcare workers/educators whilst returning to service following Covid-19’
- ‘Using ACT (Acceptance and Commitment Therapy) to empower teachers to help children and families become more resilient and better able to adapt to life’s challenges. Clinical applications to the preschool and home settings’

August 2020

- Delivered a five-day invited ACT Intervention and Training Programme, ‘Acceptance and Commitment Therapy for Childcare Workers’ with the Federation of Early Childhood Educators
- This programme ran once a week for five weeks. Carried out online, it was highly experiential, focusing on mindfulness, self-care, psychoeducation
- Advised on implementation of skills that may support children in enhancing their emotion regulation skills

September 2020

- Delivered invited lecture to The Chicago School of Professional Psychology MA students on Relational Frame Theory and its applications for intellectual skills interventions, SMART training

November 2020

- Delivered a four-day ACT Training Programme, ‘Applications of ACT with Children and Young People in Naturalistic and Therapeutic Settings’. This training, commissioned by St. Patrick’s Mental Health Services, as part of an Erasmus funded project, was delivered to a group of international Clinical Psychologists, designing a training workshop and mobile application intervention for youth workers.
- This highly experiential programme focused on psychoeducation, mindfulness, self-care and facilitated discussion as to how to integrate the theory of ACT into workshops and a mobile application. This training was co-facilitated by Ms. Aisling Leonard-Curtin

May 2021

- Delivered a four-day ACT Training Programme, ‘Applications of ACT with Children and Young People in Therapeutic Settings’. This training, commissioned by the HSE, was delivered to a large group of Clinical Psychologists across multiple service teams; Primary Care, Disability Services and CAMHS
- This highly experiential programme focused on teaching the core ACT skills of case formulation, treatment selection, and clinical service delivery to clinical psychologists such that they can integrate the theory of ACT into the everyday provision of therapy for their service users

November 2021

- Foundations of RFT Applied to Cognitive Skills Training for Reach Children’s Services
- This was a 4-hour invited training workshop for clinical psychologists and clinical behaviour analysts in understanding RFT, the modern behavioural theory of language and cognition and how to integrate modern findings into current practice of working with children with intellectual difficulties

December 2021

- ACT Now, Foundations of Acceptance and Commitment Therapy with Ms. Aisling Leonard-Curtain, Dr. Trish Leonard-Curtain and Professor Louise McHugh
- This was a 5-day online workshop carried out jointly by the core team at ACT Now PL.
- These trainings are designed for post-graduate level multi-disciplinary therapeutic professionals to learn the foundations of ACT therapy so that they can integrate it with their existing practices and apply it to client care

January 2022

- Invited by the International OCD Foundation to deliver a workshop in their ‘OCD Camp’ for children who are experiencing severe and debilitating OCD. This was a half day workshop delivered to children aged 5-11

March 2022

- Invited by Reach Children’s Service to deliver a 4-hour online workshop to parents and teachers on reducing school refusal behaviours in anxious children. This workshop was

attended by professionals who work with parents and teachers of such children

- Co-facilitated a 6-week online SPACE training programme for parents of anxious children, particularly those with OCD, with Dr. Lisa Coyne, Harvard University Medical School, McLean Hospital's OCDI Junior. This programme focused on reducing the accommodations that parents of anxious children often make. These accommodations often reinforce the anxious patterns of behaviour, rather than supporting the child to make meaningful progress

May 2022

- Co-facilitated a 6-week online SPACE training programme for parents of anxious children, particularly those with OCD, with Dr. Lisa Coyne, Harvard University Medical School, McLean Hospital's OCDI Junior. This programme focused on reducing the accommodations that parents of anxious children often make. These accommodations often reinforce the anxious patterns of behaviour, rather than supporting the child to make meaningful progress

July 2022

- Delivered an invited presentation on 'Magpies: An ACT-based intervention for mental health and wellbeing in children and their families' at The University of Chichester conference

September 2022

- Invited lecture by the Mindful Behaviour Organization, Ms Jenilee Stepp Tribert to deliver a training on using the MAGPIES mental health program for children to ACT therapists and behaviour analysts

November 2022 – December 2022

- Delivered a 6-week online parenting course entitled 'Supporting Parents of Anxious Children and Adolescents using ACT - Creating Safer Harbours'

December 2022 - 2023

- Delivered invited presentations on the varying modules of 'Magpies: An ACT-based intervention for mental health and wellbeing in children and their families' (i.e., Emotional Regulation, Social Skills, Anxiety and Self-Esteem)

PUBLICATIONS

- O'Connor, S. and Roche, B., (2005). *Seeking The Holy Grail of Psychology: Developing a Psychological Intervention to Raise IQ*. National University of Ireland, Maynooth Postgraduate Research Record.
- Cassidy, S., Roche, B., & O'Hora, D., (2010). *Relational Frame Theory and Human Intelligence*. The European Journal of Behaviour Analysis.
- Cassidy, S., Roche, B. & Hayes, S.C. (2011). *Using a Relational Training Intervention to Raise IQ: A Pilot Study*. The Psychological Record

- Roche, B., Cassidy, S. & Stewart, I. (2013) “Nurturing Genius. Realizing a foundational aim of Psychology”. In: Kashdan, T. & Ciarrochi, J. (eds.) *Mindfulness, Acceptance and Positive Psychology: The Seven Foundations of Well-Being*, New Harbinger: CA, USA
- Cassidy, S. & Roche, B. (2014). Issue 5. *Nurturing the Genius in Every Child*. NAPD Leader. National Association of Principals and Deputy Principals: Dublin, Ireland.
- Cassidy, S. & Roche, B. (2014). Issue 6. *Catching up with the SMART Schools*. NAPD Leader. National Association of Principals and Deputy Principals: Dublin, Ireland.
- Cassidy, S., Roche, B., Colbert, D. & Stewart, I. (2016). Volume 47. *A Relational Frame Skills Training Intervention to Increase General Intelligence and Scholastic Ability*. The Journal of Learning and Individual Differences.
- Roche, B. & Cassidy, S. (Contracted). *A Parents’ Survival Handbook: The reality of raising children in the modern world*. Dublin: Poolbeg press.
- Colbert D, Tyndall I, Roche B, Cassidy S. (2018) *Can SMART training really increase Intelligence? A Replication Study*. The Journal of Behavioral Education.
- Cassidy, S. & Coyne, L. (2022). *Tired of Anxiety; A Kid’s Guide to Befriending Anxiety and Living your Life Anyway for children ages 5-11*. Pavilion Publishing.
- Cassidy, S. & Coyne, L. (Contracted). *The Parents Handbook for Tired of Anxiety; A Kid’s Guide to Befriending Anxiety and Living your Life Anyway for children ages 5-11*. Pavilion Publishing.
- Cassidy, S. & Coyne, L. (Contracted). *Tired of Anxiety; A Kid’s Guide to Befriending Anxiety and Living your Life Anyway for children ages 12-17*. Pavilion Publishing.
- Cassidy, S. & Coyne, L. (Contracted). *The Parents Handbook for Tired of Anxiety; A Kid’s Guide to Befriending Anxiety and Living your Life Anyway for children ages 12-17*. Pavilion Publishing.
- Cassidy, S. & Coyne, L. (Contracted). *Tired of Anxiety; An Adult’s Guide to Befriending Anxiety and Living your Life Anyway*. Pavilion Publishing.
- Cassidy, S., Hooper, N, Jackson-Brown, F., & Gillard, D. (Contracted) *The ACT for Kid’s Diary*. Pavilion Publishing.
- Cassidy, S., Hooper, N, Jackson-Brown, F., & Gillard, D. (Contracted) *The ACT for Kid’s Diary*. Pavilion Publishing.
- Cassidy, S., McHugh, L., Stapleton, A. & Stynes, G. (2023) *Assessing Acceptance and Commitment Therapy for Adolescent Mental Health: Single-Case A-B Design with High Temporal Density Assessments*.

PUBLICATIONS IN NON-ACADEMIC OUTLETS

Lifehack Articles:

- 20 Things Children with Autism Want to Tell You
- Want To Boost Brain Power? Try Out These 10 Foods
- 13 Ways To Deal With An Angry Child
- This Is How You Can Raise Your IQ And Improve Your Memory
- Top Tips to Increase Parent-Child Attachment
- 6 Ways to Power Up Your Brain
- So You Think Your Child Has a Learning Difficulty? Top 10 Things That You Should Do Next
- Curiosity Killed the Cat and Information Made Him Fat. 8 Reasons Why Scientists Disagree With This Cliché.
- Quality Time Versus Quantity Time: Why Modern Parents Need to Switch Off Their Phones
- The 10 Best Things a Mother Ever Told Her Child

Other Publications:

- Invited blog series with Dr Ian Tyndall (2019) *Why Bridgework Matters and Yes, we can raise your IQ* Published by Association for Behavior Analysis, Behavior Science Dissemination
- Invited blog series with Professor Louise McHugh (2020) *Parenting in Extraordinary Times* published by the Association for Behavior Analysis, Behavior Science Dissemination

CONFERENCE PRESENTATIONS & PANEL DISCUSSIONS:

- O'Connor, S., & Roche, B. (2005, March). *Seeking the Holy Grail of Psychology: Developing a Psychological Intervention to Raise IQ* [Conference presentation]. National University of Ireland, Maynooth Postgraduate Colloquium, NUIM, Maynooth, Co. Kildare, Ireland.
- O'Connor, S., Roche, B., & O'Hora, D. (2005, May). *The Quest to Raise IQ: Finding Hope in Multiple Exemplar Training* [Conference presentation]. Association for Behavior Analysis 2005 Annual Conference, Chicago, Illinois, USA.
- O'Connor, S., & Roche, B. (2005, May). *Flex Those Emotions! An Emotional Flexibility Intervention for Experiential Avoidance* [Conference presentation]. Association for Behavior Analysis 2005 Annual Conference, Chicago, Illinois, USA.
- O'Connor, S., Roche, B., & O'Hora, D. (2005, September). *Developing a Psychological Intervention to Raise IQ: Contributions from Relational Frame Theory* [Conference presentation]. European Association for Behavior Analysis 2005 Annual Conference, Gdansk, Poland.
- O'Connor, S., Roche, B., & O'Hora, D. (2006, March). *The Potential Impact of Relational*

Frame Theory on IQ: Preliminary Findings [Conference presentation]. Maynooth 2006 Postgraduate Colloquium, NUIM, Maynooth, Co. Kildare, Ireland.

- O'Connor, S., & Roche, B. (2006, April). *Rising to Psychology's Ultimate Challenge: Improving the I.Q. of normal children with a brief psychological Intervention*. [Conference presentation]. Psychological Society of Ireland's 2006 Student Congress, NUIM, Maynooth, Co. Kildare, Ireland.
- O'Connor, S., & Roche, B. (2006, May). *How to Raise Your Child's I.Q. with Relational Frame Theory (and magic): Putting Multiple Exemplar Training to the Test*. [Conference presentation]. Association for Behaviour Analysis 2006 Annual Conference, Atlanta, Georgia, USA.
- Cassidy, S., & Roche, B. (2007, May). *Improving Relational Skills in Adults and Children Using Multiple Exemplar Training* [Conference presentation]. Association for Behaviour Analysis 2007 Annual Conference, San Diego, California, USA.
- Cassidy, S., & Roche, B. (2008, May). *The Effects of Intensive Multiple Exemplar Training in Same, Opposite, More/than and Less/than Relations on Full Scale IQ in School Children* [Conference presentation]. Association for Behaviour Analysis 2008 Annual Conference, Chicago, Illinois, USA.
- Cassidy, S., & Roche, B. (2008, May). *Rapid Acquisition and Generalization of Relational Skills among School Children Using an Innovative Combination of the REP and Yes/No Procedures*. [Conference presentation]. Association for Behaviour Analysis 2008 Annual Conference, Chicago, Illinois, USA.
- Cassidy, S., Roche, B., & Hayes, S. (2010, September). *Using a Relational Training Intervention to Raise IQ: A Pilot Study* [Poster presentation]. The Association for Child and Adolescent Mental Health Ireland Branch: 2010 Annual Research Day, St. James' Hospital, Dublin, Ireland.
- Roche, B. & Cassidy, S. (2011, August 31-September 2). *Don't train the brain... train the behavior!* [Paper presentation]. The Cognitive Enhancement and Rehabilitation satellite symposium of the Neuroscience Ireland 2011 Annual Conference, Kildare, Ireland.
- Cassidy, S. & Roche, B. (2013, May). *Testing the Impact of a Derived Relational Responding Intervention on Relational Skills and on Full Scale IQ in Children of Mixed Abilities in a Mainstream Irish School* [Poster presentation]. The Association for Child and Adolescent Mental Health 2013 conference on Multidisciplinary Research in Child and Adolescent Mental Health, Dublin, Ireland.
- Cassidy, S., & Roche, B. (2013, September). *A Relational Training Intervention to Raise IQ: A Replication* [Poster Presentation]. The Association for Child and Adolescent Mental Health. Ireland Branch: 2013 Annual Research Day, St. James' Hospital, Dublin, Ireland.
- Cassidy, S. (2013, October). *Who said IQ is fixed for life? The new on-line training system*

that increases IQ and improves educational performance for good: for Principals and Deputy Principals on the conceptual and empirical grounds for using SMART training in schools” [Conference Workshop]. NAPD 2013 Annual Conference, Galway, Ireland.

- Cassidy, S., & Roche, B. (2013, November). *Testing the Impact of a Derived Relational Responding Intervention on Relational Skills and on Full Scale IQ in Children of Mixed Abilities in a Mainstream Irish School*. The Association for Behaviour Analysis, 2013 2nd Annual Education Conference: Innovations in Education; Apps, Games, Technology and the Science of Behaviour, Chicago, IL USA.
- Roche, B. & Cassidy, S. (2014, April 4th-5th). *Can an intensive programme of multiple exemplar training in derived relational responding increase general intellectual ability?* [Conference presentation]. The Division of Behavior Analysis (Ireland) 2014 Annual Conference, Athlone, Ireland.
- Cassidy, S., & Roche, B. (2014, November). *The effects of an intensive DRR intervention using MET on full scale IQ in school children* [Conference presentation]. The Association for Contextual Behavioural Science UK and Ireland 2014 Annual Conference, Dublin, Ireland.
- Cassidy, S., & Roche, B. (2014, November). *The effects of intensive DRR intervention on scholastic ability in second level students*. The Association for Contextual Behavioural Science UK and Ireland 2014 Annual Conference, Dublin, Ireland.
- Colbert, D., Roche, B., & Cassidy, S. (2015, March 30th-April 1st). *Using multiple exemplar training in derived relational responding to increase general intellectual ability*. [Conference presentation]. The Experimental Analysis of Behavior Group 2015 Annual Conference, University College London, England.
- Roche, B. Cassidy, S. & Colbert, D. (2015, March 30th-April 1st). *The effects of multiple exemplar training in derived relational responding on general intellectual ability and specific scholastic aptitudes* [Conference presentation]. The Experimental Analysis of Behaviour Group 2015 Annual Conference, University College London, England.
- Roche, B. Cassidy, S., Colbert, D. & Tyndall, I. (2016, September 14th-18th). *Examining the effects of extended relational skills training on the intelligence quotients of 15-17 year old children* [Annual meeting presentation]. The 2016 annual meeting of the European Association for Behaviour Analysis, Enna, Italy.
- Colbert, D., Roche B., & Cassidy, S. (2016, September 14th-16th). *Using SMART training to enhance intellectual ability in 10-12 year old children: A Randomised Controlled Trial using a Cross-Over Design* [Convention presentation]. The 2016 European Association for Behavior Analysis convention, Enna, Italy.
- Roche, B., Grey, I., Dillon, A., Thomas, J., Cassidy, S., Colbert, D., Stewart, I. (2018, April 27th-28th). *A Relational Frame Skills Training Intervention to Increase Selective Attentional Abilities in 11-12 Year Old Children*. [Annual meeting presentation]. The 2018 Annual Meeting for the Psychological Society of Ireland, Division of Behaviour Analysis, Galway,

Ireland.

- Tyndall, Whelan, Cassidy, Presti. (2018). *ACBS SMART (Strengthening Mental Abilities through Relational Training) interventions across the lifespan: Enhanced outcomes across a variety of valued indicators for school-aged children, adult with learning difficulties, and Alzheimer's patients*. [Conference presentation]. ACBS 2018 World Conference 16, Montréal, Québec, Canada.
- Cassidy, S., Moore, P., Coyne, L., Hart, A., & Birtwell, K. (2018). *Using Acceptance and Commitment Therapy to Help Parents Thrive in the Context of Child Struggles* [Conference symposium]. ACBS 2018 World Conference 16, Montréal, Québec, Canada.
- Roche, B., Grey, I., Dillon, A., Thomas, J., Cassidy, S., & Colbert, D. (2019, June 25th-30th). *A Relational Frame Skills Training Intervention to Increase IQ and Selective Attentional Abilities in 11-12 Year Old Children* [Conference presentation]. ACBS 2019 World Conference 17, Dublin, Ireland.
- Cassidy, S., Colbert, D., & Roche, B. (2019, June 25th-30th) *The SMART:R system: A pilot analysis of a remedial relational skills training programme designed to increase intellectual performance*. [Conference presentation]. ACBS 2019 World Conference 17, Dublin, Ireland
- Hooper, N., Hayes, L., Gillard, D., Cassidy, S., & Coyne, L. (2019, June 25th-30th). *CBS wellbeing interventions for children and young people* [Invited panel]. ACBS 2019 World Conference 17, Dublin, Ireland.
- Gould, E., Cassidy, S., Roche, B., Presti, N., Dixon, M., Fuller, T. (2019, June 25th-30th) *Modern Arbitrarily Applicable Relational Responding based behavioural approaches to educational intervention and intellectual skill enhancement* [Invited Panel]. ACBS 2019 World Conference 17, Dublin, Ireland.
- Hooper, L., Hayes, Porosoff, Gillard, Cassidy, S., & Coyne, L. (2019, June 25th-30th) *Contextual Behavioural Science wellbeing interventions for children and young people* [Invited panel]. ACBS 2019 World Conference 17, Dublin, Ireland.
- Cassidy, S., Roche, B., Grey, I., Dillon, A., Thomas, J., Colbert, D. *A Relational Frame Skills Training Intervention to Increase IQ and Selective Attentional Abilities in 11-12 Year Old Children*. Paper presented at PSI Annual Conference ,7-8 November 2019, Kilkenny, Ireland
- Cassidy, S., Colbert, D., Roche, B. (2019, November 7th-8th). *The SMART:R system: A pilot analysis of a remedial relational skills training programme designed to increase intellectual performance*. [Conference presentation]. PSI 2019 Annual Conference , Kilkenny, Ireland.
- Roche, B., Grey, I., Dillon, A., Thomas, J., Cassidy, S., & Moore, L. (2020, May). *A Relational Frame Skills Training Intervention to Increase IQ in 11-12 Year Old Children: The role of attentional skills*. [Conference presentation]. 2020 Annual Conference of the Association for Behavior Analysis, International, Washington DC., USA.

- Cassidy, S., Striker, C., Colbert, D., & Roche, B. (2020). *The Impact of SMART on Educational Aptitude using the Pennsylvania Department of Educational Classroom Diagnostic Tools*. [Conference presentation]. ACBS 2020 World Conference, online event.
- Waldeck, D., Pancani, L., Holliman, A., Karekla, M., Tyndall, I., & Cassidy S. (2020, July). *Adaptability and psychological inflexibility: Overlapping constructs or not?* [Conference presentation]. ACBS 2020 World Conference, online event.
- McHugh, L., Cassidy, S., (Chair), Ruiz, F., Eswara Murthy, V., Stapleton, A., & Garcia-Martin, M. (2020, July). *Empirical advances in understanding and remediating rigid rule following* [Conference presentation]. ACBS 2020 World Conference, 2020, online event.
- Held, S., Cassidy, S., (Discussant), Hebert, E., DeLizza, A., & Coyne, L. (2020, July). *Building and Predicting Mechanisms of Action for Youth through an Acceptance and Commitment Therapy Lens*. [Conference presentation]. ACBS 2020 World Conference, online event.
- Cassidy, S., Hines, R., Luz Macabacyao, J., & McDonald, K. (2021, June 24th-27th). *The Art of ACT*. [Conference presentation]. ACBS 2021 World Conference, online event.
- Crehan, J., McDonald, K., Luz Macabacyao, J., Cassidy, S., & Cregan, K. (2021, June 24th-27th). *ACT and Virtual Reality; An ACT- based mindfulness intervention delivered through VR*. [Conference presentation]. ACBS 2021 World Conference, online event.
- Kirsten, E., Ryan, A., Lally, L., Cassidy, S., Cregan, K., O'Daly, H., Smyth Tyndall, L., & Tyndall, I. (2021, June 24th-27th). *MAGPIES: A pilot school-based ACT intervention for children with emotional and behavioural difficulties, part 1&2 (Emotional Regulation)*. [Conference presentation]. ACBS 2021 World Conference, online event.
- Eidman, S., Crehan, J., Drumm, C., Cassidy, S., Smyth Tyndall, L., & Tyndall, I. (2021, June 24th-27th). *MAGPIES: A pilot school-based ACT intervention for children with emotional behavioural difficulties, part 3&4 (Social Skills)*. [Conference presentation]. ACBS 2021 World Conference, online event.
- Hines, R., Cassidy, S., & Cregan, K. (2021, June 24th-27th). *ACT for childcare professionals: evaluating the impact of an online ACT training programme for childcare professionals in the wake of Covid-19*. [Conference presentation]. ACBS 2021 World Conference, online event.
- Cassidy, S., & Kirsten, E. (2022, July). *Testing the Feasibility of the Magpies Programme for Increasing Emotional Regulation in 8-12 year old children*. [Conference presentation]. ACBS 2022 World Conference, San Francisco, US.
- Cassidy, S., & Kirsten, E. (2022, July). *Testing the Feasibility of the Magpies Programme for Increasing Self Esteem Skills in 8-12 year old children*. [Conference presentation]. ACBS 2022 World Conference, San Francisco, US.

- Cassidy, S., & Kirsten, E. (2022, July). *Testing the Feasibility of the Magpies Programme for Increasing Social Skills in 8-12 year old children*. [Conference presentation]. ACBS 2022 World Conference, San Francisco, US.
- Cassidy, S., & Kirsten, E. (2022, July). *Testing the Feasibility of the Magpies Programme for Increasing Ability to Cope with Anxiety in 8-12 year old children*. [Conference presentation]. ACBS World Conference, San Francisco, US.
- Melvin-Brown, R., Gould, E., Cassidy, S., Canon, L. F., & Brown, W. (2022, September). *Navigating Work and Life in Behavior Analysis With Compassion and Flexibility: A Collection of Four Odysseys*. [Conference presentation]. AIBA 2022 11th International Conference, Dublin, Ireland.
- Ryan, A., Russell, A., & Cassidy, S. (2022, November). *Magpies: An ACT-based intervention for mental health and wellbeing in children and their families*. [Conference presentation]. Psychological Society of Ireland 2022 Annual Conference, Portlaoise, Co. Laois, Ireland.

MEDIA EXPOSURE IN RELATION TO WWW.RAISEYOURIQ.COM

Television

Sky 1. Untitled. (March 2014)

- *Pilot programme seeking commission from BskyB relating to enhancing human performance. Made by Monkey Kingdom UK*

TV3, Evening news. (May 2013)

- *Feature covering the launch of my campus company Raise Your IQ*

TV3, The Morning Show (May 2013)

- *Feature on my research and campus company (Raise Your IQ) and live chat*

Radio

Midlands Radio, Spin FM, Kildare FM, Newstalk FM (May 2013)

- *Interviews regarding my research and the launch of my NUI Maynooth campus company Raise Your IQ*

Newspapers

The Irish Examiner (November 2012).

- *A feature on my company's participation in the Enterprise Ireland's Big Ideas convention and my campus company RaiseYourIQ*

The Irish Examiner, May 2013

- **Front-page** coverage of the launch of my campus company *Raise Your IQ*
- **Page 2** coverage of the launch of my campus company *Raise Your IQ*

Irish Independent, May 2013

- *Feature on the launch of my campus company Raise Your IQ*

Irish Sun, Meath Chronicle, Belfast Telegraph, Kerry's eye, Northern Standard, and a host of other regional publication, May 2013

- *Features on the launch of my campus company Raise Your IQ.*

The Herald (July 2013)

- **Two-page spread** on my research into intellectual development, and products developed for my campus company *Raise Your IQ*

The Irish Times (November 2013)

- **Full page report** in the Science Feature section on my research into raising IQ levels using my commercialised online educational intervention

The Herald. (November 2013)

- **Two page spread** on my research into intellectual development and my intellectual skills training product

Leinster Leader, August 2014

- *Report on the progress of a study into an intervention to raise intelligence levels in school children.*

Washington Post Online, October 2014

- *Article on brain training. 250,000 readers, syndicated from an article on The Conversation.*

STATISTICAL SKILLS

I have an excellent working knowledge of a range of computer software packages useful to psychologists, such as SPSS, Statview, and Excel. I also have good working knowledge of computer software for use in psychological research, particularly in the domains of experimental analysis of behaviour e.g., PsyScope, Visual Basic, E-Prime

AWARDS/RECOGNITION/GRANTS

- *Presidential Scholarship.* 1993-1998. This scholarship provided full tuition (approx \$27,000 each year) to Loyola University for all four years of undergraduate degree. It is a merit based scholarship which recognises academic excellence
- *The Deans List.* 1993-1998. This list recognised students who achieve an "A" average (3.5 GPA or higher) each semester. My name was included on this list every semester of my undergraduate education

- *The Dean's Postgraduate Travel Fund*. 2005, 2006 and 2007. This fund provides €600 for postgraduates to travel to conferences to present their work nationally and internationally
- *Sidney and Janet Bijou Fellowship*. 2006. This Fellowship provides a \$5000 stipend to doctoral students researching child development from a behaviour analytic perspective. This Fellowship seeks to acknowledge an outstanding contribution to the advancement of behaviour analysis
- *Society for Advancement of Behavior Analysis Student Presenter Grant* 2006, 2007, 2008. This award covers the cost of registration for the 2006 ABA Convention in Atlanta, Georgia, the 2007 convention in San Diego California and the 2008 convention in Chicago, Illinois

MEMBERSHIP OF PROFESSIONAL AND ACADEMIC BODIES

- American Psychological Association (full professional member status)
- American Psychological Association (Division of Clinical Child and Adolescent Psychologists)
- Psychological Society of Ireland (chartered status)
- Psychological Society of Ireland, Member of Council 2023
- Scheme for Commissioning of Individual Psychological Assessments (SCPA Scheme)/NEPS
- The Association for Child and Adolescent Mental Health (International).
- Association for Behaviour Analysis, International
- Association for Contextual Behavioural Science, Professional Member and Chairperson of the Membership Committee 2019-present.
- Association for Contextual Behavioural SCIENCE, Member of the the Election Committee, 2019 to present

REFERENCES

1) Dr. Lisa Coyne, McLean Hospital, Inpatient Pediatric Unit, Harvard Medical School, Boston, Massachusetts, USA

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2) Dr. Bryan Roche, Department of Psychology, John Hume Building, Maynooth University, National University of Ireland Maynooth, Maynooth, Co. Kildare, Ireland.

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3) Dr. Marie McLoughlin, Froebel Department of Primary and Early Childhood Education, Maynooth University, National University of Ireland, Maynooth, Co. Kildare, Ireland Tel:

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4) DR. Seamie O'Neill, Froebel Department of Primary and Early Childhood Education, Rye House, Maynooth University, National University of Ireland, Maynooth, Co. Kildare, Ireland Tel: + 353 1 474 7408
E-mail: seamie.oneill@nuim.ie